



OriginElle

Fertility Clinic & Women's Health Centre



PREPARING YOUR EGG RETRIEVAL

Patient's name: _____

❖ **Date** (two days before your egg retrieval): _____ / _____ / _____
dd mm yyyy

Make sure you have done a blood test to determine your level of estradiol at the OriginElle Clinic.

| | |
|-------------------------------------------------|----------------------------------------------------------------------------------------|
| <input type="checkbox"/> Buserelin 0.05 mcg | • Morning |
| <input type="checkbox"/> Buserelin 0.05 mcg | • Between 4:00pm et 6:00pm |
| <input type="checkbox"/> Orgalutran | • Between 10:00am et 12:00pm |
| <input type="checkbox"/> Ovidrel 250 mcg/0.5 ml | • The time will be determined by the nurse. Time: _____ |
| <input type="checkbox"/> hCG 2500 IU | • Only once. • The time will be determined by the nurse. Time: _____ |
| <input type="checkbox"/> Dostinex 0.5 mg | • Once a day for 7 days. • The time will be determined by the nurse. Time: _____ |

❖ **Date** (the day before your egg retrieval): _____ / _____ / _____
dd mm yyyy

- No injections to do at this day.
- Do not eat or drink after midnight, because it is important that your stomach is empty at the time of the procedure.

❖ **Date** (the day of egg retrieval): _____ / _____ / _____ Time: _____
dd mm yyyy

- Plan to arrive at the clinic one hour before your scheduled retrieval time.
- Do not eat or drink anything including water. Your stomach has to be empty for the procedure.
- Because of the medications that will be provided to you, **you should not drive**. A person must accompany you and drive you home.
- Your partner will be asked to provide his semen specimen upon arrival.
- Do not apply makeup, nail polish, perfume or product in your hair.
- You should start your medications (Doxyclyne, Endometrin, Estrace) as indicated by your doctor.
- Please empty your bladder just before going into the operating room.